

Today's Dietitian

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PRODUCTS + SERVICES

Mercury-Tested Tuna Released

Safe Catch releases the first tuna to be 100% tested for mercury using standard thresholds lower than those of Consumer Reports' "Low Mercury" criteria. The company tests each fish used in its canned and pouched tuna products for mercury. The tuna is non-GMO, sustainably caught, free of additives, and packed only in its own juices in a BPA-free can. Safe Catch offers tuna in Elite Wild Tuna (lowest mercury), No Salt Added Wild Albacore, and Wild Albacore. Elite Wild Tuna is available both in cans and in to-go snack pouches.



The California Attorney General in conjunction with the FDA, the European Union, and the Canadian government has approved the company's mercury-testing technology.

For more information, visit <https://safecatch.com>.

New Sprouted Nut-Based Milk

MALK Organics introduces a line of plant-based milks made from sprouted tree nuts. MALK is cold-pressed at a high pressure for a naturally longer shelf life.

MALK is available in Unsweetened Almond Milk, Maple Pecan Milk, Vanilla Almond Milk, Unsweetened Cashew Milk, Pecan Milk With Cold-Brewed Coffee, and Chocolate Pecan Milk. All varieties are vegan, soy-free, gluten-free, dairy-free, organic, and non-GMO, and come in bisphenol A-free packaging.

For more information, visit www.malkorganics.com.

Whole-Food Snack Bars Introduced

Keep Healthy unveils snack bars made with only whole-food ingredients, including fruits, nuts, and chocolate. Varieties include Apple Walnut, Apricot Coconut, Cashew Date, Pecan Date, Chocolate Covered Blueberries, Chocolate Covered Cherries, and more.



All Keep Healthy bars are certified gluten-free, vegan, non-GMO, kosher, and dairy-free. Keep Healthy also offers low-glycemic bars and protein bars.

For more information, visit www.keephealthyinc.com.

Seasoned Almonds Revealed

Nuts About You debuts its varieties of seasoned almonds, available in 2-oz snack packs or 4-oz large packs. The almonds are seasoned with sugar and spices and are available in the following varieties: Cookie n Cream, Coconut, Fireball, Green Tea, and Sweet Sriracha.

Each 1-oz serving is a good source of fiber and protein. The snacks are oil-free, sodium-free, dairy-free, MSG-free, and vegan.

For more information, visit www.nutsaboutyou.com.

Fruit and Veggie Purées for Kids

Pure Spoon unveils organic fruit and vegetable purées made using a cool-temperature, high-pressure pasteurization technique and designed for kids. Fruits and vegetables used remain raw or are lightly steamed before being puréed.



The purées are available in recyclable 4.2-oz containers in the following varieties: Spinach, Pear & Banana; Sweet Potato & Apples; Carrots & Zucchini; Blueberry, Banana & Apples; Simply Carrots; Apples & Broccoli; Butternut Squash, Apples & Oats; Creamy Avocado & Apples; Creamy Avocado & Pears; Simply Pears; and Simply Apples.

For more information, visit www.purespoon.com.

New Prenatal Supplements

Rainbow Light, maker of natural prenatal vitamins, releases two prenatal supplements. The first, 35+ Mom & Baby, is a natural multivitamin specially formulated for moms aged 35 and older. The food-based vegetarian tablets contain 70 trace minerals, choline, and folate to promote healthy fetal development and soothe pregnant women's muscle discomforts.

The other, Prenatal & Postnatal Protein powder, is made with organic pea, brown rice, and chia protein. This vegan formula contains 10 g non-GMO protein as well as calcium, fiber, and 70 trace minerals.

For more information, visit www.rainbowlight.com.